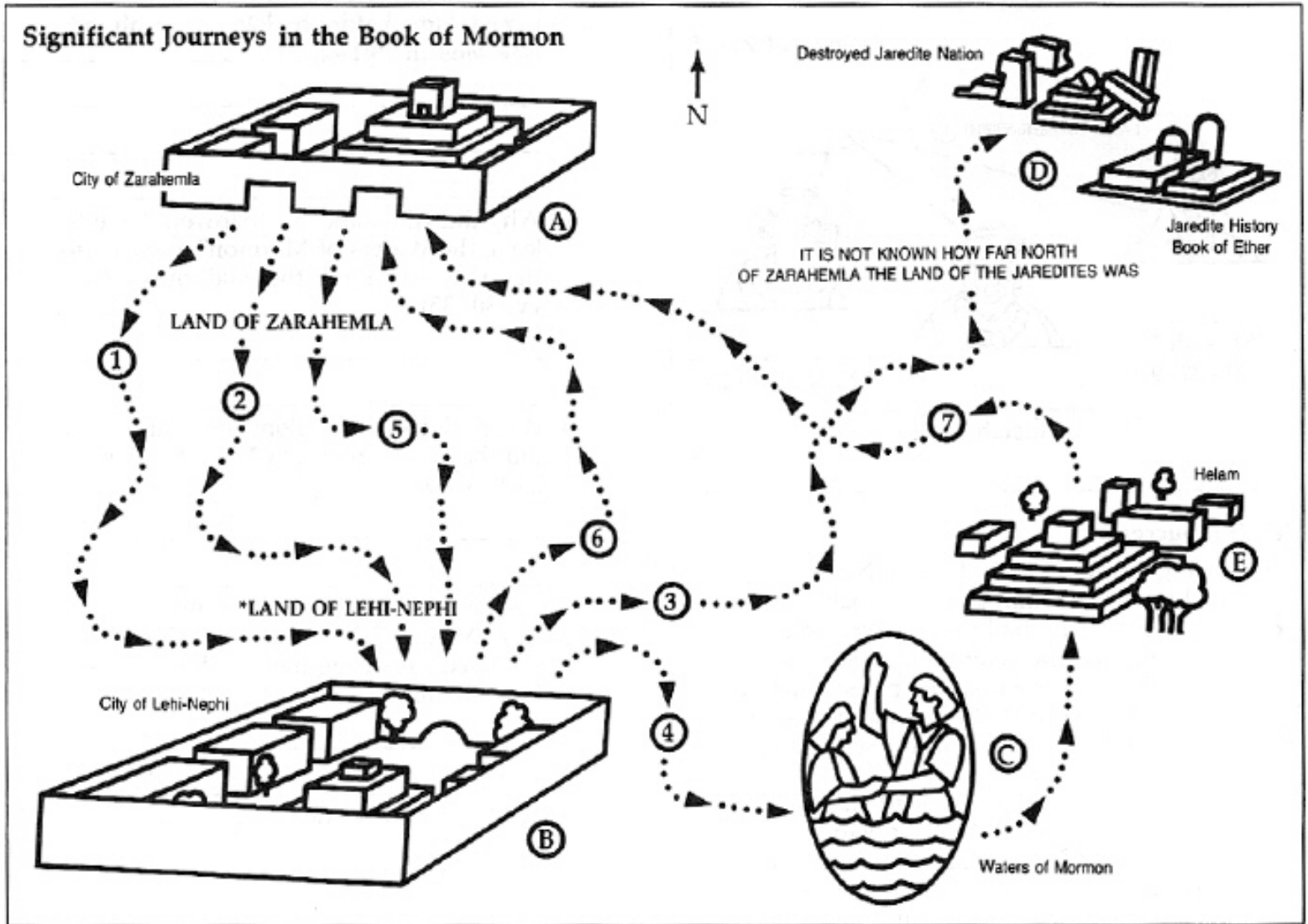


Book Of Mormon Travels From the Books of Mosiah



Key:

1. The ill-fated expedition (All but 50 were slain)
2. Zeniff's expedition
3. The expedition of forty-three men to find Zarahemla
4. Alma's escape to the Waters of Mormon (C) and the establishment of the city of Helam (E)
5. Ammon's expedition to find Zeniff's colony
6. Limhi's escape to Zarahemla
7. Alma's escape to Zarahemla